

## BACKGROUND

The present day modern Hindu Rao Hospital the largest hospital under the North Delhi Municipal Corporation is situated on the green, picturesque hilltop, located in the green belt of Delhi, which is a part and extension of the Aravali Mountain Range. It has evolved to its present form from a 16 bedded small

nursing home started in 1911 meant primarily for recuperation, in a private house constructed by Sir Edward Cole Brook who was the British Resident. In 1951 Delhi State Govt. converted this Nursing Home into a General hospital offering basic preventive and curative OPD services with 127 beds for in-patients. The Municipal Corporation of Delhi took over the hospital in 1958 and the Ministry of Health, Govt. of India, designated this hospital as a referral hospital in 1963. Hindu Rao Hospital is a modern care modern multi-specialty hospital catering to all sections of the society. The strategic location of the hospital, its size and the breadth of preventive, promotive and curative services and the easy and cost-effective accessibility to specialized services that it offers has succeeded in creating a large and regular clientele for the hospital. The hospital also caters to the medical and health needs of a number of referred patients

## Hindu Rao Hospital

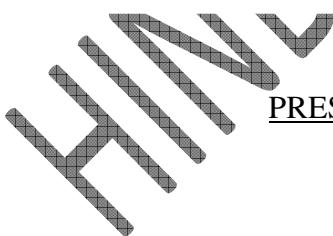
### Historical and Archeological Significance

The present day modern Hindu Rao Hospital the largest hospital under the Municipal Corporation of Delhi is situated on a picturesque hilltop. It has evolved to its present form from a 16 bedded small nursing home started in 1911 meant primarily for recuperation in a private house constructed by Sir Edward Cole Brook who was the British Resident. In 1830 it was taken over by Sir William. The Maratha chief Shri Hindu Rao Ghatake purchased the property in 1835. After the demise of Shri Hindu Rao the house was converted into a small nursing home - primarily for recuperation- and was named after him. In 1951 Delhi State Govt. converted this Nursing Home into a General hospital offering basic preventive and curative OPD services with 127 beds for in-patients. The Municipal Corporation of Delhi took over the hospital in 1958 and the Ministry of Health, Govt of India, designated this hospital as a referral hospital in 1963.

Hindu Rao Hospital still has many archeologically important components that are well maintained. The original building which now houses the Departments of ENT, Ophthalmology and an Operation theatre is a protected building under the ASI act. There are other buildings too -including Peer Grah Sahib-and a "Baoli" - a water body. Legend has it that a tunnel that started from the building led till the Yamuna river. The doorway to the said tunnel has been boarded up since a few years and only the romantic legend remains. In 2012 the erstwhile Municipal Corporation of Delhi has been trifurcated into three separate corporations and Hindu Rao Hospital is now a part of North Delhi Municipal Corporation

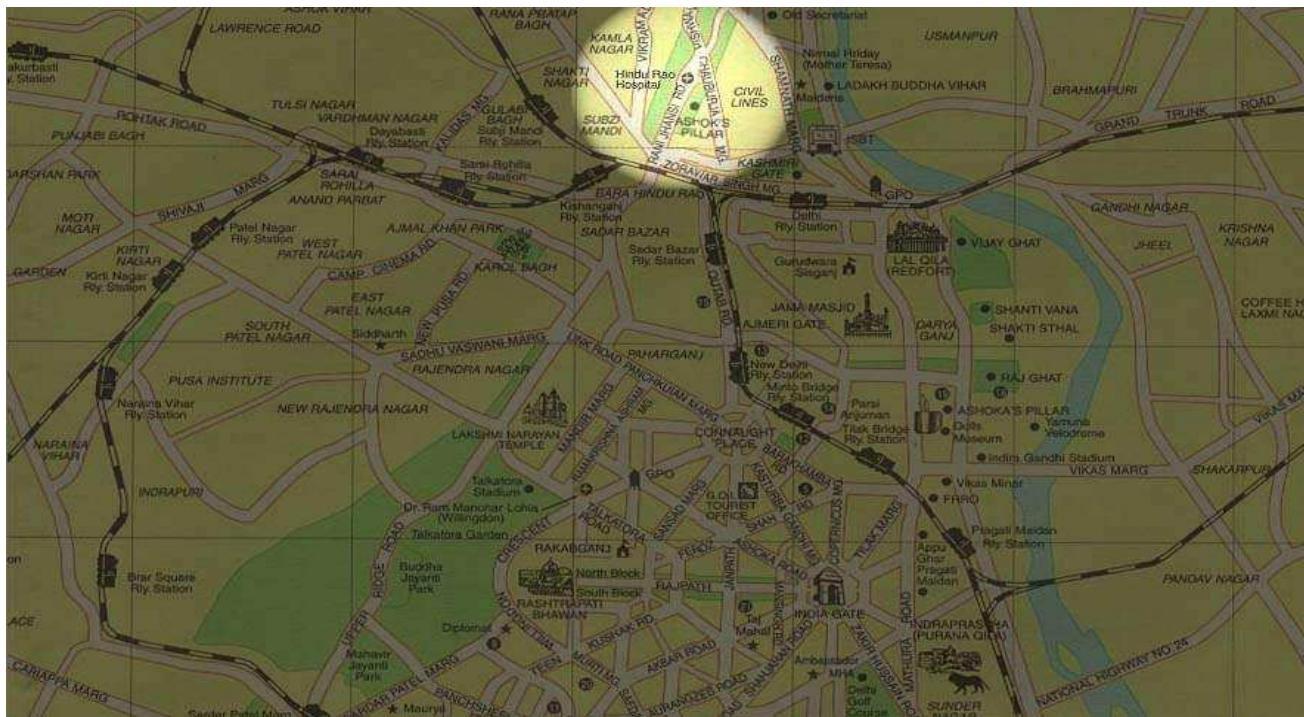
from the dispensaries and colony hospitals managed by MCD, the nearby public hospitals managed by Delhi administration and many charitable and private institutions. The hospital attempts to fulfil all criteria of a "Health Promoting Hospital" and has a healthy initiative of community mobilization in addition to numerous employee welfare schemes.

In 2012 the erstwhile Municipal Corporation of Delhi has been trifurcated into three separate corporations and Hindu Rao Hospital is now a part of North Delhi Municipal Corporation



PRESENT BUILDING OF HINDU RAO HOSPITAL

## LOCATION



Located in North Delhi, in the Civil Line area. To the north of the hospital lies the North Campus of Delhi University, to the East lies the Civil Lines, to the South is the Old Subzi Mandi and to the West lie Malka Ganj. Surrounded by many important landmarks the most important being the RAJ NIWAS – Office and the official residence of the Lieutenant Governor of Delhi, which is situated to the East of the hospital in the civil line area, to the South East of the hospital lie some important landmarks—The Inter State Bus Terminus, the Tis Hazari Courts and also the Historical Kashmiri Gate and Mori Gate, which are all within a radius of 2 Kms from the hospital. Hindu Rao Hospital is about 9 Kms from Connaught circus.

### HOW TO REACH

Hindu Rao Hospital is well connected to every part of the city. There are 2 METRO stations around Hindu Rao Hospital PUL BANGASH in old Subzi Mandi area which is about 1 km. and the second metro station near the hospital is TIS HAZARI COURT METRO STATION which is about 1.5 km.

The nearest Bus stops are Malka Ganj, Hans Raj College and Baraf Khana old Subzi Mandi area  
The nearest Interstate Bus Terminus is Kashmere Gate

Nearest Railway Station is Delhi Main (Old Delhi Railway station) and Subzi Mandi Railway Station  
Station Taxi and Three Wheelers are freely available

## FACILITIES AVAILABLE AT HINDU RAO HOSPITAL

CASUALTY AND EMERGENCY	PAEDIATRIC DEPARTMENT	RADIOLOGY
OUT PATIENT DEPARTMENT	GYNAE. AND OBSTERICS	PSYCHIATRY
MEDICINE DEPARTMENT	EYE DEPTT.	DENTAL
DIALYSIS	ENT	MEDICAL RECORD SECTON
ENDOSCOPY	SKIN	AMBULANCE SERVICE
CARDIOLOGY DEPARTMENT	BURNS & PLASTIC SURGERY	MORTUARY
CORONARY CARE UNIT	NURSING HOME	DIETARY SERVICES
CARDIAC LAB	REGIONAL BLOOD BANK	FORENSIC MEDICINE
PATHOLOGY	ANAESTHESIOLOGY	NICU
SURGERY DEPTT.	INTENSIVE CARE UNIT	FAMILY PLANNING
ORTHOPAEDICS	OPERATION THEATRES	ANTIRABIES CLINICS
PHYSIOTHERAPY	PRE-ANAESTHESIA CLINIC	MEDICAL RECORDS
THALLAESMIA DAY CARE UNIT	NEONATAL INTENSIVE CARE UNIT	OUT BORN NURSERY

## WORKING HOURS

### OPD (OUT PATIENT DEPARTMENT)

GENERAL UPD	CENTRALISED REGISTRATION	MONDAY TO FRIDAY	08.30 AM – 12.00 NOON
		SATURDAYS	8.30 AM – 11.30 AM
	DOCTORS CONSULTATION	MONDAY TO FRIDAY	09.00 AM – 01.00 PM
		SATURDAYS	09.00 AM – 01.00 PM
SPECIALIZED	REGISTRATION		01.30 AM – 02.30 PM
	AYURVEDIC DISPENSARY		09.00 AM – 03.00 PM
	DOTS CENTER (LOCAL AREA)		08.00 AM – 01.00 PM
	HIV COUNSELLING & TESTING CENTRE		09.00 AM – 04.00 PM

DEPARTMENTS	TIMING
CLINICAL & OTHER DEPARTMENTS	09.0 AM – 04.00 PM
MINISTERIAL STAFF	09.00 AM – 04.00 PM (LUNCH 01.00 PM – 01.30PM)
EMERGENCY SERVICES	24 HOURS, 7 DAYS A WEEK, 365 DAYS A YEAR
DIARY (RECEIVING)	09.00 AM – 01.00 PM (LUNCH 01.00 PM-01.30 PM) 1:30 PM TO 3:00 PM

## CHARGES FOR CERTAIN FACILITIES

S.NO.	FACILITIES	CHARGES
1	OPD REGISTRATION CHARGES	RS. 5/- valid for 1 month RS.30/- FOR SIX MONTH RS. 60/- FOR ONE YEAR FREE FOR MCD EMPLOYEES FREE FOR JSSK* BENEFICIARIES
2	DIET CHARGES PER DAY	RS.10 PER DAY FREE FOR MCD EMPLOYEES FREE FOR JSSK* BENEFICIARIES
3	ISSUES OF MEDICAL & FITNESS CERTIFICATE	RS. 20/- per CERTIFICATE TO BE SUBMITTED AT CASIHER SECTION FREE FOR MCD EMPLOYEES
4	DISABILITY CERTIFICATE	RS. 20/- per CERTIFICATE TO BE SUBMITTED AT CASIHER SECTION FREE FOR MCD EMPLOYEES
5	ENDORSEMENT OF INSURANCE CLAIM FORMS	RS. 20/- per FORM TO BE SUBMITTED AT CASIHER SECTION
6	BIRTH & DEATH CERTIFICATE	ISSUED FROM REGISTRATION OFFICE, CIVIL LINE ZONE
7	MEDICAL EXAMINATION *	Rs. 32/- per MEDICAL EXAMINATION TO BE SUBMITTED AT CASIHER SECTION

- As per approval of competent authority on 20-09-2016, Medical Examination of newly appointed male employees in North DMC, other Govt. Department including private sector will be conducted in Hindu Rao Hospital if forwarded and recommended by DHA/North.

NAME	DESIGNATION	DEPARTMENT
DR. P.K.GOVILA	FIRST APPELLATE AUTHORITY	MEDICAL SUPERINTENDENT
DR. ANIL SAHNI	PUBLIC INFORMATION OFFICER	ADDL. MEDICAL SUPERINTENDENT
DR RAM SHARMA	HEAD OF THE DEPARTMENT	DEPARTMENT OF CARDIOLOGY
DR. V.K THAKUR	HEAD OF THE DEPARTMENT	DEPARTMENT OF ANAESTHESIA
DR. HEMANT SHARMA	HEAD OF THE DEPARTMENT	DEPARTMENT OF MEDICINE
DR. RATNA CHOPRA	HEAD OF THE DEPARTMENT	DEPARTMENT OF SURGERY
DR. RATNA CHOPRA	HEAD OF THE DEPARTMENT	CASUALTY AND EMERGENCY
DR. MAMTA GUPTA	HEAD OF THE DEPARTMENT	DEPARTMENT OF OBS. & GYNÄE
DR. SHYAM DUTT	HEAD OF THE DEPARTMENT	DEPARTMENT OF PAEDIATRICS
DR. AMITABH SHARMA	HEAD OF THE DEPARTMENT	DEPARTMENT OF ENT
DR. Y. K. GUPTA	HEAD OF THE DEPARTMENT	DEPARTMENT OF EYE/OPHTHALMOLOGY
DR. V. K. KHURANA	HEAD OF THE DEPARTMENT	DEPARTMENT OF SKIN/DERMATOLOGY
DR. ANIL SAHNI	HEAD OF THE DEPARTMENT	OPD SERVICES
DR ANIL AGGARWAL	HEAD OF THE DEPARTMENT	DEPARTMENT OF DENTISTRY
DR. M. PANIGRAHI	HEAD OF THE DEPARTMENT	DEPARTMENT OF FORENSIC MEDICINE
DR. NAMRATA NARGOTRA	HEAD OF THE DEPARTMENT	DEPARTMENT OF PATHOLOGY
DR. P. K. JAIN	HEAD OF THE DEPARTMENT	DEPARTMENT OF RADIOLOGY
DR. JOCELIN	BLOOD TRANSFUSION OFFICER	BLOOD BANK
DR. DARBARILAL	M.O. I/C NURSING HOME	NURSING HOME
DR. ANIL SAHNI	ADDL. M.S.	MEDICAL STORE
DR. ANIL SAHNI	CMO ADMIN	DISPENSARY
DR. SHYAM DUTT	CMO (I. T.)	IT DEPARTMENT
DR. P.K.GOVILA	ADDL. M.S.	PURCHASES
DR. JAGMOHAN	CMO (NFSG)	SECURITY
DR. JITENDER KR.	CMO	BIO MEDICAL WASTE
MR.. SATISH AGGARWAL	ADMINISTRATIVE OFFICER	ADMINISTRATIVE MATTERS
MR GIRISH WADHWA	ACA OFFICER	FINANCIAL MATTERS
DR. BALRAJ YADAV	CMO(NFSG) OFFICER	MEDICAL RECORDS
DR. BALRAJ YADAV	CMO(NFSG) OFFICER	AMBULANCE SERVICES & BIOMETRICS

MRS PROMILLA	CNO OFFICER	NURSING SERVICES
MRS. BHANDARI	SHAMINA	PRINCIPAL NURSING SCHOOL
MS MANDAKINI	DIETICIAN	DIETARY SERVICES
DR. JATINDER BALI	CMO	MEDICAL ETHICS
DR. RAJEEV GOVER	CMO (NFSG)	LIBRARY & AUDITORIUM
DR. SANJAY KUMAR GUPTA	CMO (NFSG)	DISASTER MANAGEMENT
DR. RATNA CHOPRA	HOD SURGERY	DNB COORDINATOR

HINDURAO HOSPITAL

## PLAN OUTLAY OF OPD

FLOOR	DEPARTMENT	ROOM NO(s)
GROUND FLOOR	PHARMACY	COUNTERS NO 1-13
GROUND FLOOR	FAMILY PLANNING OT	6
GROUND FLOOR	GYNAE CASUALTY	
GROUND FLOOR	CASUALTY	7
GROUND FLOOR	ADMISSIONS/ ENQUIRY/ HELPDESK	1
GROUND FLOOR	PUBLIC RELATION OFFICER	BASEMENT MEDICAL STORE
GROUND FLOOR	POLICE ROOM	2
GROUND FLOOR	CT SCAN CENTER	
1ST FLOOR	FORENSIC MEDICINE DEPTT	114
1ST FLOOR	SURGERY	102, 103, 105, 106
1ST FLOOR	ORTHOPAEDICS	120, 121, 122, 123, 124, 125, 126
1ST FLOOR	ANTI RABIC CLINIC & INJECTION ROOM	104
1ST FLOOR	EMERGENCY X- RAY	117
1ST FLOOR	STITCHING ROOM	109
1ST FLOOR	DRESSING ROOM	109 B
1ST FLOOR	REPORT DISTRIBUTION MEDICAL OPD	B-10
2ND FLOOR	MEDICINE	201, 202, 204, 203
2ND FLOOR	OPD ECG ROOM	200
2ND FLOOR	PSYCHIATRY OPD	205, 206, 208
2ND FLOOR	SKIN OPD	209, 210, 210A, 210B, 211, 212
2ND FLOOR	PAEDIATRIC OPD	222, 223, 224, , 227, 228
2ND FLOOR	OPD BLOOD COLLECTION	216
3rd FLOOR	ENT OPD	304 A, 304 B 304 C 305 , 307
3rd FLOOR	AUDIOMETRY	306
3rd FLOOR	EYE OPD	301, 302, 310A, 310B, 311
3rd FLOOR	VISION TESTING	303
3rd FLOOR	FAMILY PLANNING OPD	308
3rd FLOOR	OBSTRETICS AND GYNAECOLOGY	321, 322, 323, 324, 325, 326, 327
3rd FLOOR	DENTAL OPD	312, 313, 314, 315, 316, 318, 320
DHARAMSHALA	PHYSIOTHERAPY	
DHARAMSHALA	DOT'S CENTER	
DHARAMSHALA	AYURVEDIC DISPENSARY	
DHARAMSHALA	MALARIA CLINIC	
DHARAMSHALA	HOMEOPATHY CLINIC	
	IMMUNIZATION ROOM	226
DHARAMSHALA	DOT'S CENTER	D-3
	CCTV MONITORING ROOM	8
DHARAMSHALA	HIV COUNSELLING & TESTING CENTRE	R.NO. 10 1ST FLOOR

**EPBAX BOARD NOS. 23905600**

<b>ADMINISTRATION</b>		
MEDICAL SUPERINTENDENT	DR. P.K.GOVILA	23973946
ADDL. MEDICAL SUPERINTENDENT	DR. ANIL SAHNI	23905701
CMO (ADMIN)	DR. ANIL SAHNI	23905725
C.M.O. (IT)	DR. SHYAM DUTT	23905690
CMO (MRD)	DR. BALRAJ YADAV	23905730
CMO (HR)	DR. ASHOK TYAGI	23905702
CNO	MRS. PROMILA	23905698
A.O	MR. SATISH AGARWAL	23905711

HINDUROHOSPITAL

## **CASUALTY & EMERGENCY SERVICES**

**CASUALTY INCHARGE: DR. R.N SHAHI**

The hospital receives a significant number of patients that fall under the category of casualties and emergencies – Accidents and Trauma, Medical and Surgical emergencies, Gynecological and Obstetrics cases including women with impending deliveries, Paediatrics emergencies and Medico legal cases. The Casualty and Emergencies departments are now housed in spacious, air-conditioned and well-equipped premises. Both Casualty and Emergencies departments function round the clock and offer high-class resuscitation services in addition to management of the critically ill patients. A senior doctor designated the Casualty incharge looks after the administrative aspects of the casualty.

### **Activities for Registration of the patients in Emergency / Casualty.**

1. There is 1 point / station in the casualty for registration of the patients.
2. No charges are levied.
3. Managed by 2 Casualty Medical Officers each in three shifts of Morning, Evening and Night.
4. The registration is available round the clock.
5. The yearly registration numbers are being generated w.e.f. 1<sup>st</sup> January and close on 31<sup>st</sup> December (midnight).
6. MLC registration and records are separately generated. The MRO office maintains the MLC records. This includes carbon copy of the MCL Sheet prepared by CMO and report on X-Rays if any. All MLC X-Rays are kept in the custody of MRO till they are claimed by Investigating Officer.

## **CT SCAN FACILITY**

Hindu Rao Hospital has CT Scan Facility which has been outsourced to FOCUS DIAGNOSTICS

The Charges for different types of scan are the least and comparable to the best in the market and have been approved by MCD

## DEPARTMENT OF MEDICINE

## HEAD OF DEPARTMENT: DR HEMANT SHARMA

## OBJECTIVES

To provide Primary, Secondary and Referral services to the patients from Delhi and other parts of India. To spread awareness and knowledge about health related issues amongst the poorer sections of society

## MAJOR ACTIVITIES

Department of Medicine is the focal center of all activities. Medicine Department conducts activities which include Routine OPD on all the 6 days of the week, and runs 24 hrs Emergency services, Indoor Wards, Nursing Home and ICU services manned by post graduate doctors around the clock. Apart from the cases referred from various departments and nearby hospitals and dispensaries are attended to and provided with specialized services. It also runs a series of specialized clinics with an objective to provide specialized care to the patients. Medicine Department is accredited by National Board of Examinations, Ministry of Health & Family Welfare for inspiring training to DNB Students in General Medicine.

## **OPD AND EMERGENCY SERVICES**

<u>UNIT</u>	<u>UNIT INCHARGE</u>	<u>OPD AND EMERGENCY SERVICES</u>
UNIT I	DR HEMANT SHARMA	TUESDAY
UNIT II	DR. Y. C. KAUSHIK	MONDAY
UNIT III	DR. U.P YADAV	WEDNESDAY
		FRIDAY
		THURSDAY
		SATURDAY

## SPECIAL CLINICS

CLINICS	TIMING		ROOM NO.
	TO	FROM	
MONDAY			
DIABETES CLINIC DR. HEMANT SHARMA DR. SHYAM KISHORE DR. DILIP KUMAR GUPTA	2: 00 P. M.	4: 00 P. M.	202
WEDNESDAY			
ASTHAMA CLINIC (MEDICINE) DR. Y.C. KAUSHIK Profeser DR. MADAN DR. D.P RAY	2: 00 P.M.	4: 00 P.M.	201/203
MONDAY & THURSDAY			
NEUROLOGY CLINIC (MEDICINE) DR S.K.S. CHAUHAN	2: 00 P.M.	4: 00 P. M.	201
GASTROENTROLOGY CLINIC DR. S.K. MISHRA	9: 00 A. M.	1: 00 P. M.	111
THURSDAY			
RHUEMATOLOGY CLINICS DR. HEMANT SHARMA DR. SUNIL ATRI	2.00 P.M	4.00 P.M.	204
GERIATRIC CLINIC (ALL SPECIALITIES) (1ST SUNDAY OF MONTH)	9: 00 A. M.	1:00 P. M.	305
TUESDAY & FRIDAY			
ENDOCRINOLOGY CLINIC DR. SHYAM KISHORE	9: 00 A. M.	1:00 P. M.	111
WEDNESDAY			
NEPHROLOGY CLINIC DR. PRAMOD MITTAL	9: 00 A. M.	1:00 P. M	111

**HINDURAO HOSPITAL**

ENDOSCOPY DR. S.K. MISHRA

ENDOSCOPY ALL DAYS EXCEPT  
SUNDAY &  
HOLIDAY

LAB

DIALYSIS DR. PARMOD MITTAL DIALYSIS

ALL DAYS EXCEPT SUNDAY & HOLIDAY

**OTHER FACILITIES AVAILABLE**

## DEPARTMENT OF NEUROLOGY

HEAD OF DEPARTMENT: DR..S.S. CHAUHAN

Neurology OPD: Room No 201-C

New cases Monday/ Thursday 2 p.m.

Old cases      **Tuesday/ Friday**      9 A.m

Neurology Disability Board (Ward 06)

Wednesday 9am to 12 Noon

## **NURSING HOME**

**HEAD OF DEPARTMENT :** DR. DARBARI LAL

Nursing Home of HRH is a beautiful complex situated on a hillock. The Nursing Home of Hindu Rao Hospital has 48 well furnished rooms comprising of four floors. Each floor has 12 rooms of which 6 are air-conditioned and 6 air-cooled. Each room has a separate pantry, toilet and a balcony. There are seven rooms on the first floor reserved as non-paying rooms. These rooms have been earmarked for certain categories of people like Freedom Fighters, Serving officers of MCD, Accredited Press Personnel, Retired MCD employees, Working doctors of MCD, Nursing staff of Hindu Rao Hospital, Student nurses of Hindu Rao Nursing School'(Medical student DMLT student)

Room allotment in Nursing Home is done strictly on First come and first served basis depending upon the availability of rooms

The basement houses the administrative block of NH, store rooms, electricity supervise room, a lecture theatre, holistic health counseling cum OPD room and a relaxation therapy room. It meets the needs of the patients and provides comfort at a reasonable cost. It is looked after around the clock by a Senior M.O.I/C. with the help of Jr. Doctors. The treating doctor visits Nursing Home at least 2 times a day.

Patients from all- the specialty are admitted in nursing home by their respective unit heads. NH is well equipped with its staff round the clock and has emergency facilities for the patients. Apart from best medical care provided by our consultants, the aim of the place is to provide Holistic Health to our patients i.e. healing the mind through positive thinking.

The rooms in the Nursing Home are very economical and comparable to any other Govt. setup. No visiting fee is charged for the doctor's consultation. Lab, X- Ray, ECG, USG. CT Scan facilities are available round the clock at very economical rates. Physiotherapy services unlike other hospitals are provided free of cost. Dialysis and Endoscopy facilities are available at very nominal charges.

## **DEPARTMENT OF CARDIOLOGY**

HEAD OF DEPARTMENT: Dr. RAM SHARMA

OPD:

## WARDS: CCU

## MALE WARD 6

## FEMALE WARD 13

The Department of Cardiology is a Super specialty department of this hospital. It consists of 9 bedded state of art CCU, 3 bedded Intermediate Care Unit, 20 male & female Cardiac Beds in wards, a daily Cardiac OPD and a noninvasive cardiac laboratory of Cardiology. Our Doctor's regularly attending Samman Clinic which is held Ist Sunday of every month. We are providing one Doctor for casualty duty every month.

The CCU has separate cubicles equipped with state of art, bed side and central monitors, oxygen and suction points (connected to central supply) and Central air-conditioning. CCU has round the clock trained nurses and postgraduate doctors and is equipped with all emergency medicines / equipments like Temporary Pacemakers, Defibrillators and Ventilators. It has latest cardiac monitors having facility of 24 hours arrhythmia analysis.

## *CARDIAC LABORTORY*

The department has a well-developed noninvasive cardiac Laboratory equipped with facilities like:

## Treadmill Testing

9.00 a.m. to 4.00 p.m. ( Saturday upto 1.00pm.)  
Approx. 5-7 Test done daily

## Holter Monitoring

one test is done daily

## Computerized ECG

24 hours  
Approx. 150-200 done daily

## Colour Doppler Echocardiography (ECHO)

9.00 a.m. to 4.00 p.m. ( Saturday upto 1.00pm.)  
Approx. 25 Test done daily

At Present renovation work regarding PWD is going on and It will be completed soon in both Cardiac Lab and CCU Ward.

## **DEPARTMENT OF SURGERY**

HEAD OF DEPARTMENT: DR RATNA CHOPRA

OPD: DAILY

ROOM No. 102, 103, 105

WARDS: MALE:

3, 5

FEMALE:4 (ALL UNITS)

### **OPD AND EMERGENCY**

UNIT I DR. RATNA CHOPRA

TUESDAY

FRIDAY

UNIT II DR. J.K. UJJANIA

MONDAY

THURSDAY

UNIT III PROF. U.C. BISWAL

WEDNESDAY

SATUARDAY

### **SPECIAL CLINICS**

Urology Clinic DR. OM PRAKASH  
PRASAD  
HOD UROLOGY

MONDAY/ THURSDAY

2 P.M. – 4 P.M R.No. 105

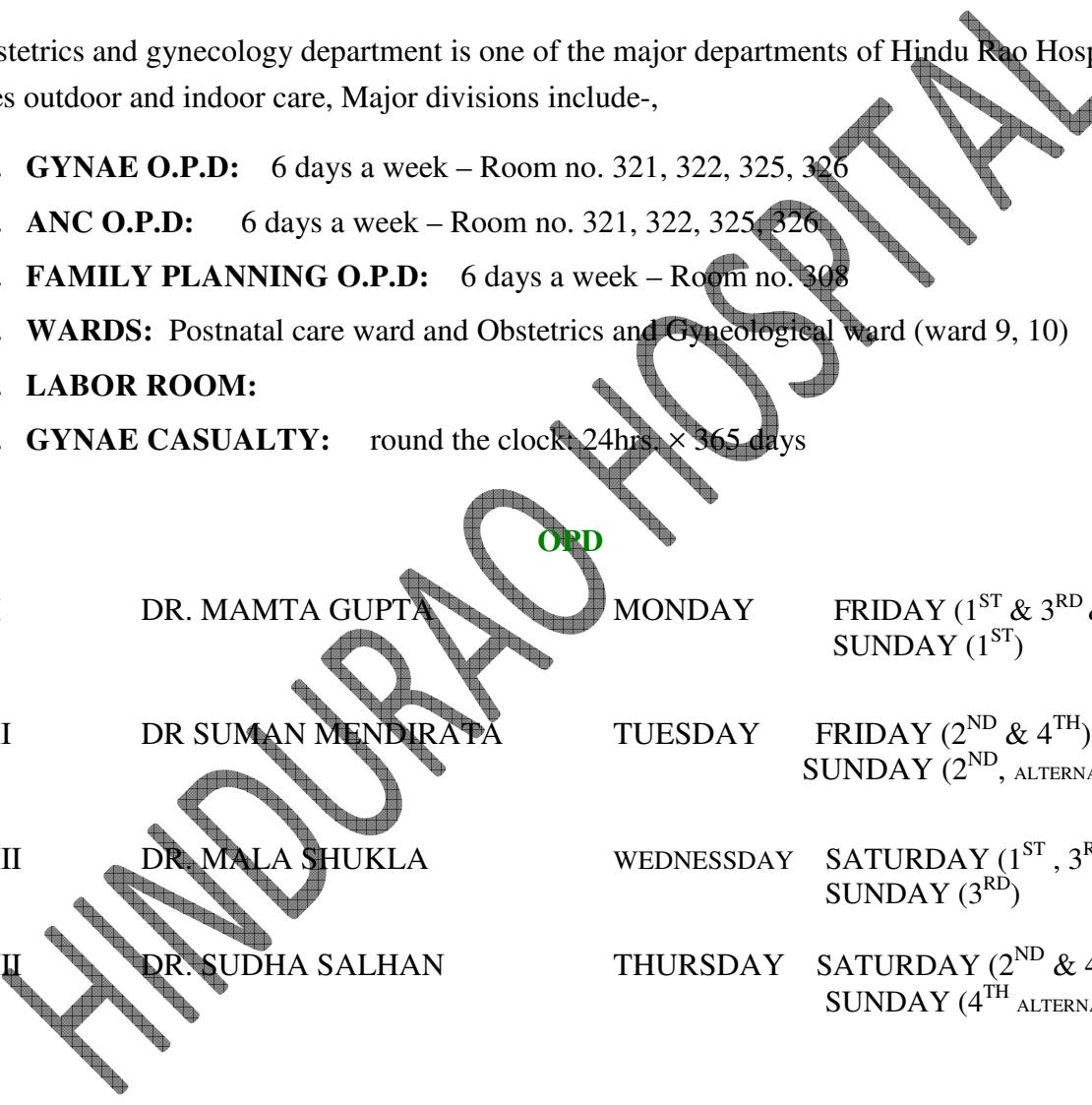
Breast Clinic Dr. RATNA CHOPRA

TUESDAY

2 P.M. – 4 P.M. R.No. 105

## DEPARTMENT OF OBSTETRICS & GYNAECOLOGY

HEAD OF DEPARTMENT: DR MAMTA GUPTA

The obstetrics and gynecology department is one of the major departments of Hindu Rao Hospital. It provides outdoor and indoor care, Major divisions include-, 

- GYNAE O.P.D:** 6 days a week – Room no. 321, 322, 325, 326
- ANC O.P.D:** 6 days a week – Room no. 321, 322, 325, 326
- FAMILY PLANNING O.P.D:** 6 days a week – Room no. 308
- WARDS:** Postnatal care ward and Obstetrics and Gynecological ward (ward 9, 10)
- LABOR ROOM:**
- GYNAE CASUALTY:** round the clock 24hrs x 365 days

OPD			
UNIT I	DR. MAMTA GUPTA	MONDAY	FRIDAY (1 <sup>ST</sup> & 3 <sup>RD</sup> & 5 <sup>TH</sup> ) SUNDAY (1 <sup>ST</sup> )
UNIT II	DR SUMAN MENDIRATA	TUESDAY	FRIDAY (2 <sup>ND</sup> & 4 <sup>TH</sup> ) SUNDAY (2 <sup>ND</sup> , ALTERNATE 5 <sup>TH</sup> )
UNIT III	DR. MALA SHUKLA	WEDNESDAY	SATURDAY (1 <sup>ST</sup> , 3 <sup>RD</sup> , 5 <sup>TH</sup> ) SUNDAY (3 <sup>RD</sup> )
UNIT III	DR. SUDHA SALHAN	THURSDAY	SATURDAY (2 <sup>ND</sup> & 4 <sup>TH</sup> ) SUNDAY (4 <sup>TH</sup> , ALTERNATE 5 <sup>TH</sup> )

**SPECIAL CLINICS:**

1. Postnatal follow up clinic – 6 days a week – room no. 321, 322, 325, 326
2. Postoperative follow up clinic – 6 days a week – room no. 321, 322, 325, 326
3. HIV Counseling (for ANC women) and testing – 6 days a week – room no. 321, 322, 325, 326
4. Infertility clinic – Friday – 2PM to 4PM room no. 321, 322, 325, 326
5. Cancer clinic – Wednesday- 2 PM to 4PM room no. 321, 322, 325, 326
6. Samman clinic – 9AM – 12 noon Gynae Casualty

## **ORTHOPAEDIC DEPARTMENT**

HEAD OF DEPARTMENT      DR. ARUN YADAV

OPD: DAILY      ROOM No. 120, 121, 122,123,125,126 (125- Plaster Room)

WARD: 7, 8

### **OPD**

UNIT I	DR ARUN YADAV	MONDAY	WEDNESDAY	FRIDAY
UNIT II	DR. ASHOK TYAGI	TUESDAY	THURSDAY	SATURDAY

### **SPECIAL CLINICS**

CLINICS	TIMING		ROOM NO.
	TO	FROM	
<i>THURSDAY</i>			
CTEV CLINIC (ORTHO)	9 AM	1 PM	121/122
<i>WEDNESDAY</i>			
DISABILITY BOARD	2: 00 P. M.	4: 00 P. M.	121/120
CTEV CLINIC (ORTHO)	9 AM	1 PM	121/122

24 hrs FRACTURE CLINIC along with emergency and emergency OT, runs 24 hours

PLASTER ROOM remains open 24 hrs

Routine OT on ground floor on Thursday and friday.

## **PHYSIOTHERAPY UNIT**

CHIEF PHYSIOTHERAPIST: DR. M. M. DAWAR

### **PROCEDURES DONE**

Short wave Diathermy	Infra Red therapy unit
Ultrasound therapy unit	Mechanical Cervical & Lumbar Traction
Paraffin wax bath	Electrical stimulation therapy
T.N.S.	Electrical Cervical and lumbar traction
C.P.M.Unit	Inferential Therapy

Manual therapy is provided with latest technique by experienced physiotherapists.

## **DEPARTMENT OF PAEDIATRICS**

### **Department of Pediatrics**

HEAD OF DEPARTMENT DR SHYAM DUTT

#### **OPD**

UNIT I	DR VEENA DEVGAN	MON	WED	FRI
UNIT II	DR. RAJU GUPTA	TUES	THURS	SAT
NEONATOLOGY	DR D K BHAGWANI	WED	FRIDAY	

#### **WARDS**

11, 12, EMERGENCY, NICU, SNCU, PNC, THALESSEMIA DAY CARE, NRC

#### **SPECIAL CLINICS**

CLINICS	TIMING		CLINIC INCHARGE
	FROM	TO	
<i>MONDAY</i>			
1. PEDIATRIC ENDOCRINOLOGY 2. PEDIATRIC HAEMATOLOGY	2.00 PM 2.00 PM	4.00 PM 4.00 PM	Dr. RAVINDRA KUMAR DR ALKA MATHUR
<i>TUESDAY</i>			
PAEDIATRICS NEUROLOGY AND EPILEPSY  MALUUTRITION CLINIC	2.00 PM 2.00 PM	4.00 PM 4.00 PM	DR. SUMAN ARORA DR. ALKA MATHUR
<i>WEDNESDAY</i>			
WELL BABY CLINICS	9.00 AM	11.30 AM	DR. RAVINDRA KUMAR
PAEDIATRICS NEUROLOGY	2.00 PM	4.00 PM	DR. S.K KAR
ADOLESCENT HEALTH CLINIC SAHYOG	2.00 PM	4.00 PM	DR. SHARDA REDDY

HINDURAO HOSPITAL

THURSDAY

HIGH RISK BABY CLINICS	2.00 PM	4.00 PM	DR D K BHAGWANI
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FRIDAY

PAEDIATRICS NEPHROLOGY	2.00 PM	4.00 PM	DR. P.C. GOEL
PEADIATRICS ASTHMA CLINICS	2.00 PM	4.00 PM	DR. RAKESH DOGRA

Special Services

Immunization

Daily

Infant & Young Child Feeding (IYCF) counseling

Daily

OPD Room No 226

OPD Room No 224,

HINDURAO HOSPITAL

# **DEPARTMENT OF ANAESTHESIOLOGY, INTENSIVE CARE & PERIOPERATIVE MEDICINE HINDU RAO HOSPITAL, DELHI**

## **HEAD OF THE DEPARTMENT : DR.V.K.THAKUR**

**The Deptt of Anaesthesiology, Critical Care & Peri-operative Medicine** is the back bone of the hospital and provides ventilatory care to serious patients in ICU. In the hospital, there are **Five Operation Theater** complexes running **14+3 working operation tables** in various operation theaters. (At present ENT OT is under repair / renovation and ENT cases being operated at FFOT and Ophthalmic surgeries being done in RBIPMT) Out of them **2 + 1 Operation Theater** Table are running round the clock for 365 days of the year for all type of various emergency surgeries performed in Hindu Rao Hospital. These emergency operations are complicated cases that have been referred from various peripheral hospitals of Delhi.

**The Deptt. of Anaesthesiology, Critical Care & Peri-operative Medicine is having the following units:-**

1. Five Operation Theatres including One Emergency Operation Theatre
2. Intensive Care Unit (ICU) & HDU (8 + 4 Bedded)
3. Central Sterilization & Services Department (CSSD) including TSSU in each OT
4. Pre-anaesthesia Clinic and PFT
5. Pain Clinic
6. Four Manifold Rooms and one Liquid Oxygen Plant 10000 L Capacity.

### **1. VARIOUS OPERATION THEATRES**

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The Anaesthesia Deptt. looks after 5 Operation Theatre Complexes running 17 working Operation Tables. Out of these 2 + 1 Operation Theatres run round the clock in Emg. O.T. Various types of anaesthesia are given in different surgeries at following Operation Theatres.

- First Floor OT Complex : Gen Surgery & Urosurgery  
Presently ENT surgeries also.
- Ground Floor OT Complex : Obs- Gynae & Orthopaedics
- E.N.T. OT Complex : Presently under renovation
- Family Planning OT Complex : FP minor cases, biopsy, etc.
- Emergency OT Complex : for all emergency surgeries

- Ophthalmic surgeries being performed in RBIPMT.

### Statistics of Dept of Anesthesia

	2012	2013	2014	2015	2016
<b>Total no. of Operations</b>	13914	18341	19765	19309	18810*
<b>Total PAC</b>	10083	10810	13162	11286	12012
<b>Total ICU patients</b>	519	639	727	575	570
<b>CSSD sterilized items</b>	22936	22191	22809	19683	21326

\* Ophthalmic surgeries being performed in RBIPMT due to renovation work in ENT OT at HRH.

The Operation Theatres are fully equipped with the latest Anaesthesia Delivery Units. Also the recovery rooms of operation theatres posses with bedside multipara monitors and other accessories.



The Deptt. is in the process of upgrading the existing OTs to Modular OTs.

## 2. INTENSIVE CARE UNIT & HIGH DEPENDENCY UNIT

\*\*\*\*\*

Many of the patients admitted in Hindu Rao Hospital in various deptt. like Surgery, Gynae., Medicine etc. who require ventilatory support alongwith intensive monitoring care are shifted to ICU from various wards of hospital. They remain under the care of parent unit for basic diseases and treatment alongwith the ventilatory support in ICU. After recovery these patients are again shifted to original ward for management. Our ICU is fully equipped with latest ICU gadgets like Multipara Monitor, Ventilators and other equipments required for patients.



Many patients on prolonged ventilator in ICU need bronchial lavage / bronchoscopy which is also done in ICU with the help of fibreoptic bronchoscope. This has also improved the recovery of ICU admitted patient.

The patients admitted in ICU are managed round the clock by GDMO/ Senior Resident (Anaesthesia) alongwith Specialists. All medical / surgical serious patients are given respiratory support and monitoring care. 4 bedded High Dependency Unit (HDU) acts as a support to the ICU.

### **3.CSSD**

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CSSD is part of Anaesthesia Deptt. and is doing the regular supply of sterilized items to all medical wards, surgical wards, emergency area, ICU& O.T The consumption of disposable gloves has been increased to improve aseptic practices.

There are 3 fully Automatic, High Vacuum Pulsing Autoclaves in main CSSD. There is also a TSSU in each OT complex.

Total High Pressure High Speed Sterilizer : 10

Total Hot & Cold Sterilizer :6

The Department also has a Plasma Sterilizer capacity of 3 kgs. installed at FFOT.

### **4.PAC**

\*\*\*\*\*

All pre-operative surgical patients undergo a detail Pre Anaesthetic check up in PAC clinic of the hospital. They are complicated medical cases posted for elective surgery admitted pre-operatively to prepare optimally under the guidance of Anaesthesiologist to reduce the mortality and morbidity and the total duration of stay in the hospital.

### **5. PAIN CLINIC**

\*\*\*\*\*

Twice in a week on every Monday and Thursday.

### **6. MANIFOLD ROOMS AND PIPED MEDICAL GASES**

\*\*\*\*\*

The Department of Anaesthesia having various type of Manifold Room, which supply the medical gases to all operation Theatres, ICU, Wards, Nursing Home.

- Manifold Room for GFOT, FFOT & ICU
- Manifold Room for ENT OT
- Manifold Room for EMG. OT
- Manifold Room for Nursing Home
- Liquid Oxygen Plant 10000 L capacity installed near the OT Complex. The Plant is maintained by M/s. Linde. It has telemetry for online information of the amount of liquid gas and also integrity of vessel. There is piped supply of medical gases Oxygen & Suction to all the wards of the hospital.



## CPR, Airway Management and Critical Care

\*\*\*\*\*

Department of Anaesthesiology and Critical Care has started CPR training programme for all categories of doctors and DNB trainees, junior and senior residents of all departments. These hands-on training classes are held on every alternate Wednesday.

## **TEACHING & TRAINING OF DOCTORS**

The Department of Anaesthesiology, Critical Care & Peri-operative Medicine is providing regular interactive classes, bed-side clinics, seminars and symposiums as a part of Teaching and Training programme for post graduate students ,Junior Residents, Senior Residents etc. There are research works for thesis alongwith classes, symposia's etc for post graduate diploma students of Delhi University.

### **Diploma in Anesthesiology (Delhi University)**

The Deptt of Anesthesia is recognized by Delhi University. Delhi University is sending two students to pursue Diploma in Anaesthesia course in Hindu Rao Hospital.

### **Diplomate of National Board**

The Deptt. is also recognized from National Board of Examination for DNB Course..

### **NATIONAL PROGRAMMES**

Department of Anaesthesia is actively participated in various National Health Programme like Pulse Polio, Family Planning programme, Motiabind Mukti abhiyan, Matrisuraksha & AIDS control programme etc.

It is also actively supporting and involved in the Geriatric OPD of the hospital (SAMMAN CLINIC).

HOD (Anaesthesia)

M.S./HRH

### **DEPARTMENT OF DERMATOLOGY**

HEAD OF DEPARTMENT: Dr. V. K. KHURANA

OPD

DAILY

R. NO.

209, 210, 210A, 210B, 211, 212

WARD

14,15

#### **SPECIAL CLINICS**

The Department of Dermatology runs special clinics

Pigmentation clinic  
And PIGMENTATION  
CLINIC

MONDAY, WEDNESDAY, FRIDAY

Leprosy Clinic

TUESDAY AND WEDNESDAY

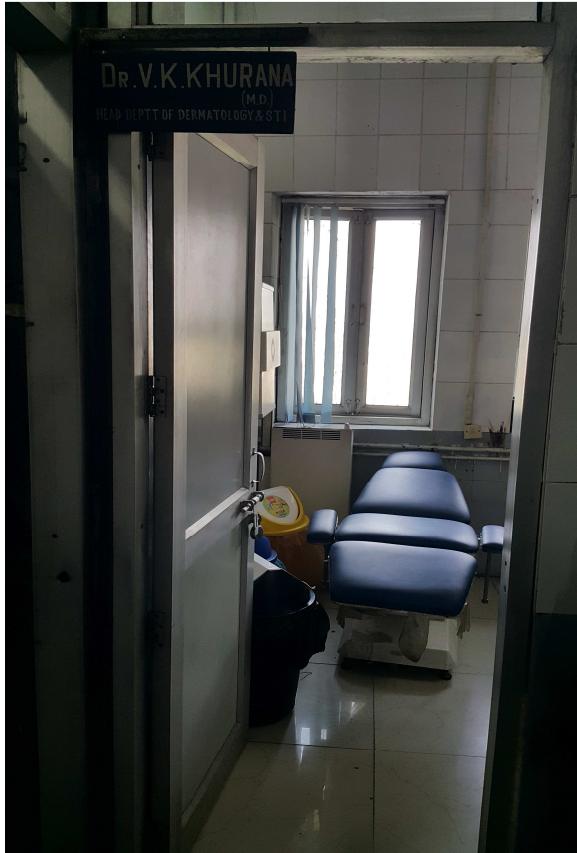
STD Clinic

ALL WEEK DAYS

CLINICS	TIMING		ROOM NO.
	TO	FROM	

S.T.D. CLINIC NEW CASES DR R. K. MEHTA (DAILY)	9: 00 A. M.	1.00 P.M.	212
LEPROSY CLINIC DR RACHITA MISRI (WEDNESDAY . FRIDAY)	2.00 P.M.	1.00 PM	210-A
PHOTO THERAPY CLINIC (SKIN) DR. R.K. ANAND MODAY, WEDNESDAY, FRIDAY	2: 00 P.M.	4: 00 P.M.	210-B
DR. R. K. GUPTA PIGMENTATION CLINICS	2: 00 P.M.	4: 00 P.M.	209, 210





## SPECIAL SERVICES

Photo therapy services are provided in pigmentation

clinic Microscopic side lab services are provided with  
in STD clinic Counseling services are provided in  
STD & Leprosy clinic.

Minor surgeries are being carried out DAILY

Skin biopsies are being done on Tuesday in FPOT.

All minor surgical procedures including Mini punch grafting and nail biopsies and nail  
procedures are also being done when required.

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## **ENT DEPARTMENT**

**HEAD OF DEPARTMENT: Dr. AMITABH SHARMA**

OPD	DAILY	R. NO.	304,305,306, 307
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WARD	18
OT – ENT OT	

The department is managed and supervised by a Senior Specialist with the help of other Specialists and medical officers and Senior and Junior residents. The affiliated North Delhi Medical College has as faculty, one professor, one assistant professor and senior and junior residents. The Department provides indoor, outdoor, operative and emergency ENT care to the poorest of the poor who attend to the hospital. In addition to the routine work disability certificates to hearing challenged are also issued by the department. The department being a referral center also caters to the cases referred from other hospitals. Special clinics are run for the children referred from M.C. D. School Health services. On the first of every month a special clinic for the senior citizens is run, the Samman Clinic. All routine and specialized ENT and Head and Neck surgeries are being performed in the department. Facility of Pure Tone Audiometry Tympanometry and Speech Therapy is also available.

## **DEPARTMENT OF OPHTHALMOLOGY.**

HEAD OF DEPARTMENT: DR YOGESH GUPTA

OPD                    DAILY                    R. NO.                    301, 302, 310A, 310B, 311

WARD                    20

Services available:

IN OPD

Routine and basic ophthalmic investigations

Applanation tonometry

A scan and biometry

Computerized refraction

Indirect Ophthalmoscopy

Gomoscopy

### **SPECIAL CLINICS**

CLINICS	TIMING		ROOM NO.
	TO	FROM	
<i>TUESDAY</i>			
DISABILITY BOARD FOR VISUALLY DISABLED	12:00 NOON		EYE OPD
<i>FRIDAY</i>			
DISABILITY BOARD FOR VISUALLY DISABLED	12:00 NOON		EYE OPD

## **DEPARTMENT OF PATHOLOGY**

HEAD OF DEPARTMENT: DR. NAMRATA SARIN  
SENIOR SPECIALIST DR. SOMPAL SINGH  
GDMO (PATHOLOGY) DR. ARZOO JAHAN  
THALASSEMIA CELL INCHARGE DR. SUMAN MEHENDI RATTA  
SENIOR GYNAECOLOGIST  
&UNIT HEAD

EMERGENCY LAB INCHARGE DR. RAJIV RANJAN

Pathology services at Hindu Rao Hospital are being provided by a Main Lab, OPD Lab, and a round the clock Emergency (ICU Lab).

Specialists supervise the various sub-specialties with a team of technical staff. Pathology deptt. Comprise with following sections:

- ❖ Histopathology
- ❖ Hematology
- ❖ Cytopathology & FNAC
- ❖ Clinical Pathology
- ❖ Special Staining lab(Immunohistochemistry, special haematology test, cyto-histochemistry, ANA-IF)

- Department in collaboration with Thalassemia Control Cell, is also involved in screening and diagnosis of Thalassemia by CBC & HPLC

Activities for Investigation of the patients:

### **LABORATORY SERVICES**

1. Requisition filled by the doctor online / on form is generated and patients are directed to reach the collection center at OPD for routine investigations and at main Lab for Special investigation.
2. Samples from Central Collection Centre facility are being sent to respective section after Blood collection for various requested investigation by the clinician.
3. For Emergency services the tests (Haematology and fluid cytology) are being carried out in ICU Lab.
4. Lab reports are sent online through HIS/ in Lab forms from OPD ICU Main Lab.
5. Biochemistry and Microbiology investigations are done by the respective department.

## **SERVICES PROVIDED BY PATHOLOGY DEPARTMENT**

ROUTINE & SPECIAL  
HAEMATOLOGICAL  
INVESTIGATIONS

URINE ANALYSIS

STOOL ANALYSIS

SEmen ANALYSIS

HISTOPATHOLOGY

IMMUNO HISTO CHEMISTRY,

CYTOCHEMISTRY  
& ANA-IF TESTING

CYTOPATHOLOGY

THALASSEMIA SCREENING &

DIAGNOSIS BY CBC & HPLC

THROUGH THALASSEMIA CONTROL

CELL OF MCD

**HINDURAO HOSPITAL**

## **DEPARTMENT OF BIOCHEMISTRY**

HEAD OF DEPARTMENT: DR. RAJIV KUMAR RANJAN

### Introduction

Department of Biochemistry services at Hindu Rao Hospital are being provided by a Indoor Biochemistry Lab, OPD Biochemistry Lab, and a round the clock Emergency (ICU) Lab.

Specialists supervise the various sub-specialties with a team of technical staff. Biochemistry deptt. Comprise of following sections:

- ❖ OPD Biochemistry Lab
- ❖ Indoor Biochemistry Lab
- ❖ Emergency Lab 24X 7

### **Activities for Investigation of the patients:**

#### **LABORATORY SERVICES**

1. Requisition filled by the doctor online /on form is generated and patients are directed to reach the collection center at OPD Room No. 216 (OPD Block , 2<sup>nd</sup> Floor) for routine investigations and at Ground Floor main Lab for Special investigation.
2. Samples from Central Collection Centre facility are being sent to respective sections after Blood collection for various requested investigation by the clinician.
3. For Emergency services the tests (Serum Biochemistry & Fluid Biochemistry) are being carried out in Emergency Lab.
4. Lab reports are sent online though HIS/ in Lab forms from OPD/ Indoor/Emergency Lab.
5. Report distribution time for OPD Lab B-10 for walk-in patient is from 9.15 AM to 11.30 A.M. so that the sample processing of that can be initiated.
6. For special tests: Investigation forms must be signed & stamped by the Unit Head of the concern specialty.

### SERVICES PROVIDED BY PATHOLOGY DEPARTMENT

### **ROUTINE BIOCHEMISTRY INVESTIGATIONS**

*Blood Sugar*

*Blood Urea*

*Serum Cholesterol*

*Lipid Profile*

*LFT*

*KFT*

## SPECIAL BIOCHEMISTRY INVESTIGATIONS

Quantitative CRP

Quantities U-Albumin

Quantitative D Dimmer

Glycosylated Hemoglobin

Apolipoprotein A-I

Apolipoprotein B

Lipoprotein -(a)

*Serum amylase*

*Serum Lipase*

*Serum LDH*

Cystatin -C

GGT

### Thyroid Function

Anti TPO

### Harmons

ACTH

C Peptide

Cortisol

DHEA-S

Estradiol

FSH

hCG+B

### Insulin

LH

Prolactin

Testrosterone

### Maternal Care

AFP

Free B HCG

### Tumor Marker

AFP

CA 125 II

PSA

Calcitonin

### Cardiac Markder

CK- MB

Digoxin

Myglobin

NT-ProBNP

Trop-T

### Anemia Profile

RBC Folate

Vitamin B-12

Transferine

UIBC

Iron

Serum Ferrtin

### Bone Marker

Vitamin -D

Intact PTH

### Critical care Marker

Procalcitonin

IL6

Arthritis Marker

Anti-CCP

## DEPARTMENT OF MICROBIOLOGY

HEAD OF DEPARTMENT: DR. SANJAY JAIN

Microbiology Laboratory at Hindu Rao Hospital is situated on third floor of G block and is rendering its services with an expert team of specialists/microbiologists and technical staff.

The Department is delivering its specialized microbiological services through various Laboratories:

- 1. Immunology lab, 4. Mycology lab
- 2. Virology lab, 5. Bacteriology lab
- 3. Serology lab, 6. Parasitology lab

7. TB lab

One ICTC with lab technician, male and female counselors is rendering HIV testing and counseling services to the indoor patients and any walk in person willing to seek information regarding HIV-AIDS. The centre is situated in Dharamshala Block of the Hospital.

The department is also one of the identified sentinel surveillance centre of Dengue, Chikungunya fever testing.

Services provided (just to name few tests):

- 1. Hormonal assays, 2. Dengue IgM serology and NS1Ag, 3. Various ELISA test (Hepatitis profile, ferritin, TTg etc), 4. Serological test (Widal, VDRL etc) 5. Fungal culture and KOH examination 6. Culture and sensitivity of various samples and special staining, 7. Parasite detection in stool and malaria testing, 8. TB culture & sensitivity and AFB staining.

## **DEPARTMENT OF RADIOLOGY**

HEAD OF DEPARTMENT : DR. P. K. JAIN

EMERGENCY X-RAY DONE 24hrs × 365 DAYS

Working from 9.00 am to 4.00 pm.

A large number of X-Ray & Special investigation like : IVP, Barium studies, HSG, Sinogram, Ultrasound are carried out .

### **RADIO-DIAGNOSIS (X-Ray, Ultrasound)**

1. Requisition filled by the doctor in the OPD are handed over to the patient and directed to reach the X-Ray Deptt. at OPD for routine X-Rays and patient is given a date for special investigation.
2. Requisition is being sent along with the patient to the Department in case of Admitted patient and casualty patients.
3. For some of the special investigations, scheduling is being done.
4. Distribution of the reports are being dispatched from the deptt. to respective OPD / Wards. In case of the emergencies the X-Ray film is being handed over to the patients.
5. The OPD patients get their report from the Enquiry Counter.
6. Ultrasound request forms send by treating doctor to Radiologist.
7. Scheduling done by radiologist with specific instructions.
8. Report generated and send with the patient to the clinician.
9. Record maintained by Radiologist.

### **C.T. SCAN**

C.T. Scan center in collaboration with FOCUS DIAGNOSTICS

**PHYSIOTHERAPY UNIT**

**HEAD OF DEPARTMENT: M.M DAWAR**

**PROCEDURES DONE**

SHORT WAVE DIATHERMY	INFRA RED THERAPY UNIT
ULTRASOUND THERAPY UNIT	MEDICAL CERVICAL & LUMBAR TRACTION
PARAFFIN WAX BATH	ELECTRICAL STIMULATION THERAPY
T.N.S.	ELECTRICAL CERVICAL & LUMBAR TRACTION
C.PMUNIT	INFERENTIAL THERAPY

HINDURAO HOSPITAL

## **REGIONAL BLOOD TRANSFUSION CENTER**

**CMO(NFSG) I/C DR. JOCELYN V.**

Central Blood Bank at Hindu Rao Hospital ( having Licence No. 786/83 ) is a Premiere Blood Bank and Regional Blood Transfusion Centre for North Zone of Delhi. It caters to the Blood and blood related requirements of all the Hospitals and Nursing Homes of north Delhi including Private Hospitals and Nursing Homes. The Blood Bank is licensed for Component separation and is equipped with state of art equipments such as fully computerized “ Walk away Elisa Processor” for testing for HIV-I, HIV-II, Hepatitis-B, Hepatitis-C.

The Blood Bank has Multi-Component system machine to perform apheresis to harvest desired components of Blood from Blood Donor. We have refrigerated centrifuge also.

The Bleeding Room of the Blood Bank has automated Donor couch, Biomixer and dielectric sealer etc for the comfort of Donor and for maintaining accuracy and sterilization in collection of Bloods.

### **REGIONAL BLOOD TRANSFUSION CENTRE ACTIVITIES**

1. Blood bank provides round the clock Blood Transfusion services of high standard
2. Blood donor selection and recruitment
3. Holding voluntary blood donation camps
4. Bleeding donors
5. Screening the blood for infectious markers such as HIV -1, HIV - 2, Hepatitis B, Hepatitis C, Sexually Transmitted Disease, Malaria
6. Component separation of blood
7. Undertake Apheresis Procedures through cell separators
8. Screening of antibodies
9. Ante natal & Post natal ABO & Rh blood grouping
10. Blood grouping and cross matching
11. Coomb's testing
12. Investigation of Blood transfusion reactions if any

The Regional Blood Transfusion Center at HRH has  
the following facilities.

Blood Collection & Supply

Voluntary Blood Donation Camp

Component Separation Center

Zonal Blood Testing Center

HINDURAO HOSPITAL

## DEPARTMENT OF FORENSIC MEDICINE

HEAD OF DEPARTMENT : DR. M. K. PANIGRAHI, MD ( FMT)



Department of Forensic Medicine of Hindu Rao Hospital looks after the Medico-legal work of the Hospital, conduct Post-Mortem examination, imparts Medico-Legal training to the doctors of the Hospital, Post-Graduate DNB students and Interns, and teaching to the MBBS Students and research work along with other activities.



**The Department of Forensic Medicine has three main wings :**

- A. Post Mortem Section ( Placed on the Ground Floor of PM Block)**
- B. Clinical Medico-Legal Section.( Placed at Room No. 114 of OPD Block)**
- C. Teaching to MBBS Students & Research( Placed at 1<sup>st</sup>& 2<sup>nd</sup> Floor of PM Block)**



**A. POST MORTEM SECTION :**

Post mortem Section is located on the ground floor of the Post mortem Block of the Forensic Medicine Department. This section deals with conducting Post–Mortem examination on Medico-Legal death cases brought to the hospital as brought-dead or dying in wards, emergency wards and casualty.



### **Types of cases brought for Post-Mortem Examination:**

Different homicidal, accidental, suicidal and other unnatural death cases are brought to the Dept. For post mortem, the details of such cases are as follows :

1. Poisoning	2. Hanging	3. Accidents	4. Burn	5. Electrocution
6. Natural Disease	7. Pregnancy related	8. Assault	9. Found unconscious	

### **Facilities for preservation of dead bodies :**

There are two dead body cold storage rooms for preservation of dead bodies for those who died in the Hospital, both MLC cases & Non-MLC unknown and destitute cases and brought dead MLC cases.

### **B. CLINICAL MEDICO LEGAL SECTION :**

The clinical Medico Legal Section is located at the Room No. 114 of the OPD Block of the Hospital. This wing deals with clinical Medico-Legal cases brought to HinduRao Hospital, referred from Casualty, Wards, or referred from other hospitals, or brought under order of Court or State or other law enforcing agencies for Examination and opinion. Different type of cases that are entertained in this section are e.g. Sexual assault cases, Sodomy cases, Age estimation cases referred by the JJB courts, Age boards constituted by the Administrative authority, Injury cases referred by the casualty , Emergency wards, Wards and other hospitals, opinion regarding the weapon of offence, nature of injuries, age of wounds, Medico legal advice to doctors of Gyn& Obs. Dept., who deals with the examination of Victims of sexual assault etc.



(a) This department has supervised the Medico-Legal work of the Hospital and guided and provided expert opinion in different types of Medico-Legal cases.

(b) The Department has provided expert opinions in Clinical Trauma Cases including fire-arm injuries, burns, stab injuries etc.

(c) The Department has examined number of cases brought by police with alleged history of Sexual Assault / Sodomy.

(d) This Department holds weekly Medical Board meetings constituted under the direction of Honourable Court to determine the age of Juvenile CCL and UTPs in collaboration with Radiology, Medicine, Gynic. and Dental Departments

(e) Medico-Legal Expert Opinions have been provided in the cases referred by Court of Law in Clinical Cases.

(f) Cases of alcohol intoxication were brought to the casualty.

### **C. ACADEMIC SECTION :**

#### **1. Training Activities :**

Medico legal training and guidance is imparted to the DNB Pathology students when they are posted in this department for Autopsy procedures and Histopathology. This Department also imparts training and teaching to the Interns being regularly posted in the Department. Regular training and guidance is provided to the doctors of this hospital who are posted in Casualty every month.

This Department also undertakes periodic scrutiny of final disposal of injury reports by the hospital doctors in order to get the reports prepared in time and delivery of the reports to the police without delay.



## **2.Teaching Activities :**

Department of Forensic Medicine has been upgraded to a teaching Department where teaching of forensic medicine is imparted to the MBBS students.



**3.Research Activities :** Various research activities are conducted in the department with publication of research papers in different journals. There is a departmental library with latest books and journals for reference by the faculty and as well as by the students. Audio visual aids e.g. computers, photocopier, printer, scanner etc. are also available in the Department to facilitate the research. There is a research Laboratory, student's practical lab. to conduct various research work in the Dept. by the Faculty members.

## **Public Relation And Grievance Redressal :**

Post–Mortem examinations have been conducted as early as possible and the reports are prepared within 48 hours and handed over to the Investigations Officer to avoid any inconvenience to the Law Enforcement Agencies and the Judiciary and the public at large. Assistance is provided to the Investigating Officers which include police officers, SDMs and to the Judiciary as and when required to facilitate the timely dispensation of cases. This Department also undertakes periodic scrutiny of final disposal of injury reports by the hospital doctors in order to get the reports prepared in time and delivery of the reports to the law enforcing agencies without delay.

## DEPARTMENT OF DENTISTRY

**HEAD OF DEPARTMENT:** DR. A. K. AGGARWAL

**OPD** : DAILY

**ROOM NO** : 313,314,315,316,317,318

**WARD NO** : Associated with ENT and Eye ward

### OBJECTIVES

To provide Primary, Secondary and Referral services to the patients from Delhi and other parts of India.  
To spread awareness and knowledge about oral health related issues amongst the poorer sections of society

### MAJOR ACTIVITIES

Department of Dentistry is located at the third floor of the OPD block and is the focal centre of many activities. Dental Department conducts activities which include Routine OPD on all the 6 days of the week, and runs 24 hrs Emergency services, Age determination for criminal cases associated with juvenile and adults, Medico-legal cases, and Indoor Wards managed by resident doctors around the clock. Dental department attends numerous cases referred from various departments, nearby hospitals and dispensaries to provide with generalised and specialized dental treatment procedures. It is also part of specialized samman clinics with an objective to provide specialized care to the elderly patients.

## **Department of Psychiatry**

- 1.The department of Psychiatry HRH is catering to the needs thousands of Psychiatric patients for more than Three decades.
- 2.Although, it's part of the North MCD, but it is still providing the necessary Mental health related services to the entire MCD.
- 3.The working hours are as per the guidelines of the HR Hospital.
- 4.It is providing primarily OPD based services and there is no Indoor facility.
- 5.As part of the Consultation Liaison Psychiatry, necessary consultation is given to the MLCs cases,ICU,CCU , indoors for all specialities whenever we're asked to intervene.
- 6.We have been Trainings the interns doing their externships for more than Three decades.
- 7.Conducting Psychiatric Awareness programs on various issues and on various national and international mental health days like WHO day, World mental health day ect.
- 8.Conducting teaching programs for the trainee nurses from time to time.
- 9.Started doing CME for the Medical Officers regarding mental illnesses.
- 10.Keeping in mind, the large number of Psychosexual and OCDs, we are conducting special clinics on Wednesday and Friday respectively in addition to the regular OPD.

Presently, Department is being run by the following team of dedicated doctor

1.Dr L C Sunda  
MBBS (AIIMS), DNB(Psychiatry)  
Hod (SAG)

2.Dr R K Sandil

MBBS,DPMCMO (NFSG).

HINDURAO HOSPITAL

## **Women Grievance Redressal Cell'**

Women Grievance Redressal Cell' will look after all complaints regarding Redressal of complaint of Sexual Harassment cases of hospital and medical college staff.

The member of the board are:-

1. Dr. Ratna Chopra : Chairperson
2. Dr. Namrata : Member
3. Dr. Anu Kapur : Member
4. Dr. Anurag Anand : Member
5. Dr. Alka Puri : Member Secretary
6. Mrs. Promila Toor : Member

**HINDURAC HOSPITAL**

## **Hindu Rao Hospital Medical College**

A medical college under Hindu Rao Hospital was established in the financial year 2013-14

A Medical College with an intake of 50 seats has already been running from Hindu Rao hospital and is recognized by Medical council of India. The Medical College is attached with the Hindu Rao Hospital which is having well equipped OT, Gynaecology, Paetiatric, Pathology, Radiology, Physiotherapy, Blood bank and other relevant departments to update the knowledge and skills in the nursing students.

The Medical College is having lecture room, Laboratory, State of the art library having around 50000 titles, A conference rooms having 400 seating capacity including hostel facility separate for boys and girls with mess running by students themselves on co-operative basis. The students themselves decide food of their choice on rotation basis under its leader for a frequent intervals. The students are well acquainted with all necessary exposure in day to day medical care and other practical exposure to a case due to cases being coming to the hospital on a regular basis from various ailment.

### **School of Nursing, Hindu Rao Hospital**

A Nursing School under Hindu Rao Hospital was established within the campus of this Hospital. This nursing school with an intake of 25 seats has been running successfully from Hindu Rao hospital and is recognized by Nursing council of India. The nursing school is attached with the Hindu Rao Hospital which is having well equipped OT, Gynaecology, Paetiatric, Pathology, Radiology, Physiotherapy, Blood bank and other relevant departments to update the knowledge and skills in the nursing students besides competent faculty members. This school is exclusively for girls.

The Nursing school is having lecture room, Laboratory, State of the art library having around 21000 titles, A conference rooms having 400 seating capacity including hostel facility with mess running by students themselves on co-operative basis. The students themselves decide food of their choice on rotation basis under its leader for a frequent intervals. Campus/hostel residence is a must for all students to acquaint them with all necessary exposure in day to day medical care and other practical exposure to a case, coming to the hospital on a regular basis.

The students for admission into the nursing school is being selected through an entrance examination conducted by North DMC by all the 3 Nursing College on rotation basis every year. This year the entrance examination was conducted by School of Nursing, Hindu Rao Hospital. The entire examination was conducted online including

application process to make the admission process accountable and in a transparent way.

#### **CONTACT PERSON (in case of any problem):**

- DR. ANIL SAHANI (CMO. ADMIN): ROOM NO: 109, G-BLOCK 1ST FLOOR/HRH CONTACT NO: 011-23905725.

**NAME OF THE DESIGNATED PRO** – MR.R K SAXENA (PRO/HRH): ROOM: GENERAL STORE BASMENT. CONTACT NO. 9868466630, 011-23905825.  
**EPBX- 23905600**

#### **EXPECTATIONS FROM PATIENTS**

Refrain from Smoking, chewing tobacco & consumption of liquor inside the hospital premises.

Wait patiently for your turn.

Help in keeping the hospital & surroundings clean.

Co-operate with hospital staff & do not demand undue favours for best possible health care.

Beware of touts.

Reveal your complete past health history and treatment taken without concealing any significant details.

Always tell about history of allergy to any drug.

Comply with all instruction regarding intake of medicines, precautions etc.

HINDURAO HOSPITAL